

## Sun Protection Policy



### Policy statement

The welfare requirements within the Early Years Foundation Stage state that, wherever possible, there should be access to an outdoor play area, and this is the expected norm for providers.

We encourage the children to access our well-resourced outdoor play spaces as much as possible, but we are aware of the need to protect the children from the harmful rays of the sun, hence this policy.

### Hot weather conditions

In exceptionally hot weather conditions, we encourage the children to access the outdoor space more in the cooler times of the day when the sun's rays are less powerful. During these times we organise more outdoor activities, and around the lunchtime period we arrange more activities indoors.

We request that all parents provide a named hat for their child to protect their head against the sun. (We recommend legionnaire-style hats as these also provide protection to the child's neck, where the skin is especially vulnerable to being burned).

We have spare hats that children can borrow if they forget their own. Staff also wear hats when working outside with the children as we feel this sets a good example.

Parents are also requested to supply a thin T-shirt material top with long sleeves for their child to use if required, as this will offer some additional protection for shoulders and arms.

We request that all children arrive at the nursery already wearing sun-screen during the summer months. Please apply a layer of sunscreen at home. It is useful to leave the sun protection bottle near the toothpaste as a reminder.

We also request that each parent whose child stays a full day provides us with a bottle of factor 30 or higher sun screen for their child, clearly labelled with the child's name. We request written parental permission to apply this sun-screen to the child at midday to provide continual protection throughout the day.

### **Fluids**

Water and other drinks are always readily available to the children throughout the year, but in the warmer months we place greater emphasis on the children having a regular fluid intake, as small children can dehydrate very quickly.

We discuss sun protection with the children using age-appropriate language. This involves storytelling, singing songs and painting pictures. We remind all parents regularly of our sun protection policy and their responsibility to provide us with sun-screen, permission and a hat for their child.

If your child is particularly sensitive to the sun and needs additional protection (e.g. some children need to wear correctly fitted sunglasses providing adequate protection as their eyes are sensitive to the light) please let us know and we will work in partnership with you to provide this.

**Signature:**

A handwritten signature in Chinese characters, appearing to be '陈仔' (Chen Zai).

**Date: 07/03/2019**

**Date to be reviewed: 01/03/2020**